



Standard Specification for Lightweight Aggregate for Internal Curing of Concrete¹

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1. Scope*

1.1 This specification covers lightweight aggregate intended to provide water for internal curing of concrete. It includes test methods for determining the absorption and desorption properties of lightweight aggregate.

NOTE 1—Internal curing provides an additional source of water to sustain hydration and substantially reduce the early-age autogenous shrinkage and self-desiccation that can be significant contributors to early-age cracking. **Appendix X1** provides guidance on calculating the quantity of lightweight aggregate for internal curing.

1.2 The values stated in either SI units or inch-pound units are to be regarded separately as standard. The values stated in each system may not be exact equivalents; therefore, each system shall be used independently of the other. Combining values from the two systems may result in non-conformance. Some values have only SI units because the inch-pound equivalents are not used in practice.

NOTE 2—Sieve size is identified by its standard designation in Specification **E11**. The alternative designation given in parentheses is for information only and does not represent a different standard sieve size.

1.3 The text of this specification references notes and footnotes that provide explanatory material. These notes and footnotes (excluding those in tables and figures) shall not be considered as requirements of the standard.

1.4 *This specification does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to use.*

2. Referenced Documents

2.1 ASTM Standards:²

C29/C29M Test Method for Bulk Density (“Unit Weight”) and Voids in Aggregate

¹ This specification is under the jurisdiction of ASTM Committee **C09** on Concrete and Concrete Aggregates and is the direct responsibility of Subcommittee **C09.21** on Lightweight Aggregates and Concrete.

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² For referenced ASTM standards, visit the ASTM website, www.astm.org, or contact ASTM Customer Service at service@astm.org. For *Annual Book of ASTM Standards* volume information, refer to the standard’s Document Summary page on the ASTM website.

C40 Test Method for Organic Impurities in Fine Aggregates for Concrete

C87 Test Method for Effect of Organic Impurities in Fine Aggregate on Strength of Mortar

C114 Test Methods for Chemical Analysis of Hydraulic Cement

C125 Terminology Relating to Concrete and Concrete Aggregates

C128 Test Method for Relative Density (Specific Gravity) and Absorption of Fine Aggregate

C136 Test Method for Sieve Analysis of Fine and Coarse Aggregates

C142 Test Method for Clay Lumps and Friable Particles in Aggregates

C330/C330M Specification for Lightweight Aggregates for Structural Concrete

C641 Test Method for Iron Staining Materials in Lightweight Concrete Aggregates

C702 Practice for Reducing Samples of Aggregate to Testing Size

C1498 Test Method for Hygroscopic Sorption Isotherms of Building Materials

C1608 Test Method for Chemical Shrinkage of Hydraulic Cement Paste

C1698 Test Method for Autogenous Strain of Cement Paste and Mortar

D75 Practice for Sampling Aggregates

E11 Specification for Woven Wire Test Sieve Cloth and Test Sieves

3. Terminology

3.1 Definitions:

3.1.1 For definitions of terms used in this practice, refer to Terminology **C125**.

3.2 Definitions of Terms Specific to This Standard:

3.2.1 *absorption*, A_{72} , n —of lightweight aggregate, the increase in mass of a specimen of oven-dry lightweight aggregate due to water penetrating into the permeable pores of the particles after being submerged for 72 h, expressed as percentage of oven-dry mass.

3.2.2 *autogenous shrinkage*, n —reduction in volume due to chemical shrinkage of a sealed cementitious mixture, not subjected to external forces and under constant temperature, measured from the time of final setting.

*A Summary of Changes section appears at the end of this standard

3.2.2.1 *Discussion*—The chemical shrinkage leads to emptying of the internal pores (see self-desiccation) that causes the formation of menisci in the partially water-filled pores. The menisci in turn give rise to internal tensile stresses that cause bulk shrinkage. While autogenous shrinkage is due to the chemical shrinkage, the magnitude of autogenous shrinkage is less than the chemical shrinkage after setting occurs, because the aggregate particles and the hydrated cement paste network restrain the shrinkage. The restraint may in turn lead to cracking.

3.2.3 *chemical shrinkage, n* —the reduction in volume of cementitious paste that occurs during hydration because the hydration products occupy less volume than the volume occupied originally by the water and unhydrated cementitious materials.

3.2.4 *density (OD), n* —of lightweight aggregate, the mass of oven-dry lightweight aggregate particles per unit volume of aggregate particles, where the volume includes the permeable and impermeable pores within the particles but does not include the voids between the particles.

3.2.5 *desorption (D), n* —of lightweight aggregate, the decrease in mass of lightweight aggregate originally containing absorbed water due to water leaving the permeable pores as the aggregate attains moisture equilibrium with the surrounding environment maintained at constant temperature and a relative humidity less than 100 %, and expressed as a percentage of the 72-h absorption.

3.2.6 *internal curing, n* —supplying water within a cementitious mixture using pre-wetted lightweight aggregate, or other materials that readily release water from within the particles, thereby mitigating self-desiccation and sustaining hydration.

3.2.7 *oven-dry (OD), adj* —related to lightweight aggregate particles, the condition in which the specimen of lightweight aggregate has been dried by heating in an oven at $110 \pm 5^\circ\text{C}$ [$230 \pm 10^\circ\text{F}$] for sufficient time to reach a constant mass.

3.2.8 *relative density, (OD), n* —of lightweight aggregate, the ratio of the density (OD) of the lightweight aggregate to the density of water at a stated temperature.

3.2.9 *wetted surface-dry (WSD), adj* —related to lightweight aggregate particles, the condition in which the permeable pores of lightweight aggregate particles are filled with water, to the extent achieved by submerging an oven-dry specimen for 72 h, and the surfaces of the particles are dry.

3.2.10 *self-desiccation, n* —reduction in the internal relative humidity of a sealed cementitious mixture, due to chemical shrinkage, that may reduce the rate of hydration or stop hydration.

3.3 Symbols:

A_{72} = the 72-h absorption, expressed as a percentage of the oven-dry mass.

D = the desorption, expressed as a percentage of the A_{72} absorption.

G_{OD} = relative density (oven-dry) of lightweight aggregate.

G_{ODN} = relative density (oven-dry) of normal weight aggregate.

M_{LWA} = calculated mass of oven-dry lightweight aggregate needed for internal curing per unit volume of concrete, kg/m^3 [lb/yd^3].

M_{NWA} = mass of normal weight aggregate in oven-dry condition to be removed, kg/m^3 [lb/yd^3].

M_{OD} = mass of lightweight aggregate specimen in oven-dry condition, g.

M_{PS} = mass of pycnometer containing lightweight aggregate specimen and filled with water, g.

M_{PW} = mass of pycnometer filled with water, g.

M_{SD} = mass of lightweight aggregate specimen in wetted surface-dry condition, g.

M_{94} = equilibrium mass of aggregate originally in wetted surface-dry condition and subsequently stored at 94 % relative humidity, g.

C_f = cementitious materials content of concrete mixture, kg/m^3 [lb/yd^3].

CS = chemical shrinkage of cementitious material, expressed as $\text{kg water/kg of cement}$ [lb/lb] (see [Note 3](#)).

S = degree of saturation of lightweight aggregate relative to wetted surface-dry condition (0 to 1.0).

w/cm = water-cementitious materials ratio, kg/kg [lb/lb].

α_{max} = maximum potential degree of hydration of cementitious materials expressed as a decimal fraction (0 to 1.0).

W_{LWA} = mass of water released by lightweight aggregate in going from the wetted surface-dry condition to the equilibrium mass at a relative humidity of 94 %, expressed as a fraction of the oven-dry mass.

NOTE 3—Chemical shrinkage is measured in units of volume of water per unit mass of cement. In using the value of chemical shrinkage to calculate the required amount of lightweight aggregate for internal curing, the volume of water is converted to the mass of water. Hence chemical shrinkage is expressed as mass of water per unit mass of cement.

4. Ordering Information

4.1 The direct purchaser of lightweight aggregate for internal curing shall include the following information in the purchase order as applicable.

4.1.1 Reference to this specification, as Specification C1761.

4.1.2 Whether the order is for fine aggregate, coarse aggregate, or combined fine and coarse aggregate.

4.1.3 Quantity in metric tons [tons] or cubic meters [cubic yards].

4.1.4 If the order is for coarse aggregate or combined fine and coarse aggregate, provide the nominal size designation as given in [Table 1](#) or alternative grading as agreed between the purchaser and aggregate supplier.

4.1.5 Whether certification shall be furnished indicating that the material was sampled and tested in accordance with this specification and found to meet the requirements.

4.1.6 Whether a report of the results of aggregate tests shall be furnished.

4.1.7 Whether the results of tests of concrete properties are required.

4.1.8 Any exceptions or additions to this specification.



TABLE 1 Grading Requirements

Nominal Size Designation	Percentages (Mass) Passing Sieves Having Square Openings									
	25.0 mm (1 in.)	19.0 mm (¾ in.)	12.5 mm (½ in.)	9.5 mm (¾ in.)	4.75 mm (No. 4)	2.36 mm (No. 8)	1.18 mm (No. 160)	300 µm (No. 50)	150 µm (No. 100)	75 µm ^A (No. 200)
Fine aggregate:										
4.75 mm to 0 (No. 4 to 0)	...	...	...	100	85–100	...	40–80	10–35	5–25	...
Coarse aggregate:										
25.0 to 4.75 mm (1 in. to No. 4)	95–100	...	25–60	...	0–10	...	...	...	...	0–10
19.0 to 4.75 mm (¾ in. to No. 4)	100	90–100	...	10–50	0–15	...	...	...	...	0–10
12.5 to 4.75 mm (½ in. to No. 4)	...	100	90–100	40–80	5–40	0–20	0–10	...	...	0–10
9.5 to 2.36 mm (¾ in. to No. 8)	...	...	100	80–100	5–40	0–20	0–10	...	...	0–10
Combined fine and coarse aggregate:										
12.5 mm to 0 (½ in. to 0)	...	100	95–100	...	50–80	...	...	5–20	2–15	0–10
9.5 mm to 0 (¾ in. to 0)	...	...	100	90–100	65–90	35–65	...	10–25	5–15	0–10

^A The surfaces of pyro-processed lightweight aggregate particles finer than the 75 µm (No. 200) sieve are not deleterious and may be moderately pozzolanic.

5. Materials and Manufacture

5.1 Two general types of lightweight aggregate are covered by this specification, as follows:

5.1.1 Aggregates produced by expanding, pelletizing, or sintering products such as blast-furnace slag, clay, diatomite, fly ash, shale, or slate, and

5.1.2 Aggregate prepared by processing natural materials, such as pumice, scoria, and tuff.

5.2 The aggregate shall be composed predominately of lightweight-cellular and granular inorganic materials.

6. Chemical Requirements

6.1 *Organic Impurities*—Test Method C40. Lightweight aggregate shall not produce a color darker than the standard color solution, unless it is demonstrated that when the aggregate is tested for the effect of organic impurities on strength of mortar, the relative strength at 7 days, determined in accordance with Test Method C87, is not less than 95 %.

6.2 *Staining*—Test Method C641. Lightweight aggregate shall produce a stain index of less than 60. Lightweight aggregate producing a stain index of 60 or higher shall be subject to rejection if the deposited stain is found upon chemical analysis to contain an iron content, expressed as Fe₂O₃, equal to or greater than 1.5 mg/200 g of sample.

6.2.1 *Loss on Ignition*—Test Method C114. The loss on ignition of lightweight aggregates shall not exceed 5 %.

NOTE 4—Some aggregate may contain carbonates or water of hydration that contribute to loss on ignition but may not affect the quality of the product. Therefore, when evaluating an aggregate, consideration should be given to the material characteristics that cause the ignition loss.

7. Physical Properties

7.1 *Clay Lumps and Friable Particles*—Test Method C142. The total amount of clay lumps and friable particles shall not exceed 2 % by dry mass.

7.2 *Grading*—Test Method C136 as modified in Specification C330/C330M. The grading shall conform to the requirements shown in Table 1 or established by mutual agreement between interested parties.

NOTE 5—In general, a volume of lightweight aggregate (fine or a combination of coarse and fine) for internal curing will replace an equal volume of normal weight aggregate in an existing conventional concrete mixture. The grading of the lightweight aggregate can be chosen to closely

match the existing grading of the normal weight aggregates, or to fill in a gap in the existing normal weight aggregate grading, such as using a mid-range size lightweight aggregate to enhance the gradation of a gap-graded mixture (1).³

7.2.1 *Uniformity of Grading*—For continuing shipments of fine aggregate from a given source, the fineness modulus shall not vary more than 7 % from the base fineness modulus. The base fineness modulus shall be that value that is typical of the source. The purchaser has the authority to approve a change in the base fineness modulus. For coarse aggregate and combined fine and coarse aggregate, the uniformity of grading requirements of Specification C330/C330M shall apply.

TABLE 2 Maximum Dry Loose Bulk Density

Size Designation	Maximum Density kg/m ³ [lb./ft ³]
Fine aggregate	1120 [70]
Coarse aggregate	880 [55]
Combined fine and coarse aggregate	1040 [65]

7.3 *Bulk Density*—Test Method C29/C29M. The dry bulk density using the shoveling method of compaction shall conform to the requirements of Table 2 using a 14 L [½ ft³] measure.

7.4 *Water Absorption*—The lightweight aggregate shall have a 72-h absorption not less than 5 % when tested in accordance with Section 10.

7.5 *Desorption Properties*—The lightweight aggregate shall release at least 85 % of its absorbed water at 94 % relative humidity when tested in accordance with Section 11.

8. Sampling

8.1 Sample lightweight aggregates in accordance with Practice D75.

8.2 Reduce sample to test sizes in accordance with Practice C702.

³ The boldface numbers in parentheses refer to the list of references at the end of this standard.

9. Number of Tests and Retests

9.1 *Tests on Aggregates*—One representative sample is required of sufficient size to prepare specimens for the following tests: organic impurities, staining, loss on ignition, grading, clay lumps and friable particles, bulk density, absorption and relative density (OD), and desorption from WSD to 94 % relative humidity.

9.2 *Tests on Internally Cured Concrete*—When specified by the purchaser, at least three specimens are required for each of the following tests of concrete: compressive strength, shrinkage, resistance to freezing and thawing, and presence of popout materials. At least eight specimens are required for splitting tensile strength tests. Tests shall be performed in accordance with Specification C330/C330M and test results shall comply with Specification C330/C330M.

TEST METHODS

10. Absorption and Relative Density

10.1 Scope:

10.1.1 This test method uses the pycnometer method to determine the 72-h absorption and relative density (oven-dry) of lightweight aggregate for internal curing.

10.2 Significance and Use:

10.2.1 It is difficult to obtain complete saturation of the permeable pores in some lightweight aggregate particles. In this test method, a 72-h soaking period of essentially dry aggregate is used to define the absorption.

10.2.2 After the prescribed soaking period and the removal of surface moisture, the aggregate is in the wetted surface-dry condition, which is analogous to the saturated surface-dry condition applicable to normal weight aggregate. The former term is used because the permeable pores in some lightweight aggregate particles are not filled completely by soaking for 72-h (2).

10.2.3 The absorption is used to determine the mass of lightweight aggregate needed to provide the required quantity of water for internal curing.

NOTE 6—The higher the absorption of the lightweight aggregate, the less of it will be needed to provide a given quantity of water for internal curing. For a lower absorption aggregate, more aggregate will be needed, which will result in a better distribution of water for internal curing within the cementitious mixture, assuming the grading is the same.

10.2.4 The relative density (oven-dry) is used to calculate the mass of the normal weight aggregate that is to be replaced by an equal volume of lightweight aggregate.

10.3 Apparatus:

10.3.1 *Balance*—Having a capacity of at least 4 kg and accurate to at least 0.1 g.

10.3.2 *Wide-mouth jars*—Glass jars with nominal capacities of 1 L [1 qt] and 2 L [2 qt].

NOTE 7—Ordinary canning jars are suitable for this purpose.

10.3.3 *Pycnometer top*—For filling the 1 L [1 qt] or 2 L [2 qt] jars with water to a repeatable level.

10.3.4 *Paper towels*—Commercial grade, either folded type or roll type.

NOTE 8—Brown paper towels make it easier to determine whether aggregate particles contain surface water during the drying procedure for bringing aggregate to the wetted surface-dry condition.

10.3.5 *Drying oven*—Of sufficient size and capable of maintaining a uniform temperature of $110 \pm 5^\circ\text{C}$ [$230 \pm 10^\circ\text{F}$].

10.3.6 *Metal pans*—For soaking aggregate under water and for drying aggregate in drying oven.

10.3.7 *Water storage container*—Approximate capacity of 20 L [5 gal] for maintaining a supply of water at the laboratory temperature of $23.0 \pm 2^\circ\text{C}$ [$73.5 \pm 3.5^\circ\text{F}$].

10.4 Procedure:

10.4.1 Fill the wide-mouth jar with pycnometer top with water at a temperature of $23.0 \pm 2^\circ\text{C}$ [$73.5 \pm 3.5^\circ\text{F}$]. For tests of coarse aggregate or combined coarse and fine aggregate, use the 2-L [2-qt] jar. Use the 1-L [1-qt] jar for tests of fine aggregate. Ensure that no air bubbles are present on the wall of the jar and the pycnometer top is filled to capacity. Wipe the surface of the jar to remove any surface water and weigh the filled jar to the nearest 0.1 g. Record this mass as M_{PW} .

10.4.2 Obtain a representative sample of lightweight aggregate as specified in 8.2. For coarse aggregate and for combined coarse and fine aggregate, the test size shall be in the range of 2.0 to 2.5 kg [4.5 to 5.5 lb]. For fine aggregate, the test size shall be in the range of 500 to 750 g [1 to 1.5 lb]. Place aggregate in the drying pan and dry for 24 ± 1 h in the drying oven. Allow the aggregate to cool to about 50°C [120°F] or less. Cover aggregate with water and permit to stand for 72 ± 4 h at a temperature of $23.0 \pm 2^\circ\text{C}$ [$73.5 \pm 3.5^\circ\text{F}$].

10.4.3 Decant the excess water while avoiding loss of fine material. Spread the aggregate on a flat nonabsorbent surface covered with brown paper towels. Expose the aggregate to a gently moving current of air. Pat the surface of the aggregate with paper towels, and stir frequently to secure homogeneous drying. Replace the bottom towels when they become too damp to absorb additional moisture. Continue patting and stirring the aggregate, replacing the towels as they become too damp or dirty to absorb additional moisture. Repeat the patting and spreading until no moisture appears on clean paper towels. The aggregate is now in the wetted surface-dry condition.

10.4.4 For coarse aggregate and combined coarse and fine aggregate weigh out a test specimen of approximately 1500 g. For fine aggregate, weigh out a test specimen of approximately 300 g. Measure the specimen mass to the nearest 0.1 g and record the mass as M_{SD} .

10.4.5 Partially fill the pycnometer with water at $23.0 \pm 2^\circ\text{C}$ [$73.5 \pm 3.5^\circ\text{F}$]. Introduce the weighed aggregate specimen into the pycnometer and avoid loss of any material. Fill with additional water to approximately 90 % of capacity. Agitate the pycnometer to eliminate visible air bubbles (see Note 9). Refer to Test Method C128 for acceptable methods of agitating the pycnometer.

NOTE 9—About 15 to 20 min are normally required to eliminate the air bubbles by manual methods. Dipping the tip of a paper towel into the pycnometer cap has been found to be useful in dispersing the foam that sometimes builds up when eliminating the air bubbles. Optionally, a small amount of isopropyl alcohol may be used to disperse the foam.

10.4.6 After eliminating visible air bubbles, bring the water level in the pycnometer top to its capacity. Wipe off any water

on the surface of the pycnometer and measure the total mass of the pycnometer, specimen, and water to the nearest 0.1 g. Record the total mass as M_{PS} .

10.4.7 Transfer the aggregate from the pycnometer to a weighing pan. Decant the water and avoid loss of fine material. Place the aggregate specimen in the drying oven and dry to a constant mass. The specimen is considered to be at constant mass when its mass does not change by more than 0.1 % of its original wetted surface-dry mass in a 24-h drying period. Measure the oven-dry mass to nearest 0.1 g and record the mass as M_{OD} .

10.5 Calculations:

10.5.1 Calculate the 72-h absorption to the nearest 0.1 % according to Eq 1.

$$A_{72} = \frac{M_{SD} - M_{OD}}{M_{OD}} \times 100 \% \quad (1)$$

10.5.2 Calculate the relative density (OD) to the nearest 0.01 according to Eq 2.

$$G_{OD} = \frac{M_{OD}}{M_{SD} + M_{PW} - M_{PS}} \quad (2)$$

10.6 Report:

10.6.1 Report the following:

10.6.1.1 The source of the lightweight aggregate.

10.6.1.2 The nominal size designation from Table 1.

10.6.1.3 The mass of pycnometer filled with water, to the nearest 0.1 g.

10.6.1.4 The mass of the test specimen in the wetted surface-dry condition, to the nearest 0.1 g.

10.6.1.5 The mass of the pycnometer with test specimen and filled with water, to the nearest 0.1 g.

10.6.1.6 The mass of the oven-dry specimen to the nearest 0.1 g.

10.6.1.7 The 72-h absorption, to the nearest 0.1 %.

10.6.1.8 The relative density (oven dry), to the nearest 0.01.

10.7 Precision and Bias:

10.7.1 An interlaboratory study of this test method has not been completed. The pooled single operator standard deviations based on one laboratory were found to be 0.3 % for the 72-h absorption and 0.010 for the relative density (OD).

NOTE 10—Samples of lightweight fine aggregate from four sources were used in the single-laboratory study. The 72-h absorption ranged from 9 to 28 % and the relative density (OD) ranged from 1.06 to 1.74. The standard deviations did not depend on the mean values and pooled standard deviations were calculated.

10.7.2 The bias of this test method cannot be determined because lightweight aggregate having accepted reference values is not available.

11. Desorption at 94 % Relative Humidity

11.1 Scope:

11.1.1 This test method is used to determine the amount of absorbed water that will be released when lightweight aggregate that is initially in the wetted surface-dry condition is stored in an environment at 94 % relative humidity.

11.2 Significance and Use:

11.2.1 Lightweight aggregate is suitable for internal curing if the absorbed water is released readily as the internal relative humidity of sealed hardening concrete decreases due to self-desiccation. This test method determines the amount of absorbed water that is released when wetted surface-dry aggregate is stored in air at 94 % relative humidity and a temperature of $23.0 \pm 1^\circ\text{C}$ [$73.5 \pm 1.5^\circ\text{F}$].

11.2.2 This test method permits the use of an environmental chamber or a supersaturated solution of potassium nitrate to provide an ambient relative humidity of approximately 94 %.

NOTE 11—The ambient relative humidity above a supersaturated solution of potassium nitrate depends on the air temperature. For a temperature in the range of 22 to 24 °C [72 to 75 °F], the relative humidity is in the range of 94.2 to 93.8 % with an uncertainty of about 0.5 % (3).

11.3 Apparatus:

11.3.1 *Balance*—Having a capacity of at least 500 g and accurate to 0.01 g or better.

11.3.2 *Weighing pan*—A glass or non-corroding metal container to hold the aggregate specimen in the controlled relative humidity environment and for oven drying.

11.3.3 *Controlled relative humidity environment*—This can be provided by the following alternative methods.

11.3.3.1 *Environmental chamber*—Capable of maintaining a relative humidity of $94.0 \pm 0.5\%$ and a temperature of $23.0 \pm 1^\circ\text{C}$ [$73.5 \pm 1.5^\circ\text{F}$].

11.3.3.2 *Supersaturated solution of potassium nitrate*—The required relative humidity can be achieved by preparing a supersaturated solution of potassium nitrate maintained at $23.0 \pm 1^\circ\text{C}$ [$73.5 \pm 1.5^\circ\text{F}$] (see Note 12). Place approximately 300 g of the supersaturated solution into a wide-mouth plastic or glass jar with a capacity of approximately 4 L [1 gal] and having a tight-fitting lid. A frame of non-corroding material shall be provided in the jar to support the weighing pan holding the test specimen.

NOTE 12—At 23 °C [73.5 °F], the solubility of potassium nitrate is about 40 g per 100 mL of water. A supersaturated solution will contain significantly more than the soluble amount of the salt and will have a slurry-like consistency.

11.3.4 *Drying oven*—Capable of maintaining a uniform temperature of $110 \pm 5^\circ\text{C}$ [$230 \pm 10^\circ\text{F}$].

11.4 Procedure:

11.4.1 Obtain a specimen of lightweight aggregate in the wetted surface-dry condition from the same test sample taken in 10.4.2 using the procedure in 10.4.3. For fine aggregate, weigh out a test specimen of approximately 5 g. For coarse aggregate and combined coarse and fine aggregate, weigh out a test specimen of approximately 20 g. Measure and record the mass of the empty weighing pan, add the aggregate, and weigh the pan and aggregate. The difference is the specimen mass. Make all measurements to the nearest 0.01 g. Record the specimen mass as M_{SD} .

11.4.2 Place the pan with test specimen in the controlled humidity environment. Measure the mass of the specimen on a daily basis until equilibrium is reached. Equilibrium is reached when there is not more than 0.01 g change in mass in a 24-h period. Measure the equilibrium mass of the specimen to the nearest 0.01 g and record the equilibrium mass as M_{94} .

11.4.3 After equilibrium is achieved, place the pan with specimen in the drying oven. Dry until a constant mass is attained. A constant mass is reached when there is not more than 0.01 g change in mass in a 24-h period. Allow the aggregate to cool to room temperature and measure the oven-dry mass to the nearest 0.01 g. Record the oven-dry mass as M_{OD} .

11.5 Calculation:

11.5.1 Use Eq 3 to calculate mass of water released at 94 % relative humidity, expressed as a fraction of the oven-dry mass to the nearest 0.01.

$$W_{LWA} = \frac{M_{SD} - M_{94}}{M_{OD}} \quad (3)$$

11.5.2 Use Eq 4 to calculate the desorption as a percentage of the 72-h absorption to the nearest 0.1 %.

$$D = (W_{LWA} / (A_{72} / 100 \%)) \times 100 \% \quad (4)$$

11.6 Report:

11.6.1 Report the following:

11.6.1.1 The source of the lightweight aggregate.

11.6.1.2 The nominal size designation from Table 1.

11.6.1.3 The mass of the test specimen in the wetted surface-dry condition, M_{SD} , to the nearest 0.1 g.

11.6.1.4 The equilibrium mass, M_{94} , of the test specimen at 94 % relative humidity, to the nearest 0.1 g.

11.6.1.5 The mass of the oven-dry specimen, M_{OD} , to the nearest 0.1 g.

11.6.1.6 The amount of water, W_{LWA} , released at 94 % relative humidity, expressed as a fraction of the oven-dry mass to the nearest 0.01.

11.6.1.7 The desorption, (D), to the nearest 0.1 %.

11.7 Precision and Bias:

11.7.1 An interlaboratory study of this test method has not been completed. The pooled single operator standard deviation based on one laboratory was found to be 0.005 for the amount of water released at 94 % relative humidity when expressed as a fraction of the oven-dry mass.

NOTE 13—Samples of lightweight fine aggregate from four sources were used in the single-laboratory study. The amount of water released at 94 % relative humidity ranged from 0.09 to 0.25 expressed as a fraction of the oven-dry mass. The standard deviations did not depend on the mean values and a pooled standard deviation was calculated.

11.7.2 The bias of this test method cannot be determined because lightweight aggregate having an accepted reference value is not available.

12. Rejection

12.1 The purchaser has the right to reject material that fails to conform to the requirements of this specification. Rejection shall be reported to the producer or supplier promptly and in writing.

13. Certification

13.1 When specified in the purchase order or contract, a producer's or supplier's certification shall be furnished to the purchaser that the material was sampled and tested in accordance with this specification and has been found to meet the requirements. When specified in the purchase order or contract, a report of the test results shall be furnished.

14. Keywords

14.1 absorption; desorption; internal curing; lightweight aggregate; relative density; wetted surface dry

APPENDIX

(Nonmandatory Information)

X1. CALCULATION OF QUANTITY OF LIGHTWEIGHT AGGREGATE FOR INTERNAL CURING

X1.1 General

X1.1.1 The main objective of internal curing is to provide a source of additional water to maintain saturation of the capillary pores in the cementitious paste and avoid self-desiccation. Self-desiccation refers to the reduction in internal relative humidity of concrete stored in a sealed condition, that is, with no transfer of moisture into or out of the concrete. The process of self-desiccation is caused by the chemical shrinkage that accompanies hydration of cementitious materials. Chemical shrinkage occurs because the volume occupied by hydration products is less than the original volume of water plus the unhydrated cementitious materials. Cementitious mixtures with low values of w/cm will benefit the most from internal curing because they are more susceptible to self-desiccation.

X1.1.2 As a result of chemical shrinkage, the internal relative humidity of a sealed cementitious mixture decreases to 90 % and even lower, depending on the w/cm of the concrete

mixture and the particle size distribution of the cementitious materials. The reduction in internal relative humidity results in autogenous shrinkage (refer to Test Method C1698) and a reduction in the degree of hydration that can be achieved. By replacing a portion of the normal weight aggregate with pre-wetted lightweight aggregate, additional water is made available to maintain the capillary pores in the cement paste at a high relative humidity. This will permit a higher degree of hydration to be achieved and reduce autogenous shrinkage.

X1.1.3 If lightweight aggregate is used for internal curing, water in the permeable pores of the aggregate particles will move into the cement paste to fill capillary voids in the cement paste that arise from chemical shrinkage. The movement of the water will be restricted by the pore structure of the paste, which depends on the w/cm , the types of cementitious materials, and the degree of hydration. Thus only a "shell" of paste surrounding a lightweight aggregate particle is "protected" by being close enough to the supply of water (2). The fraction of the

paste that is protected by lightweight aggregate particles will depend on the amount of lightweight aggregate that is used and its grading (4). For equal volumes of lightweight aggregate, the use of smaller aggregate particles will protect more of the paste due to their higher surface area per unit volume of aggregate.

X1.2 Absorption and Desorption

X1.2.1 The 72-h absorption provides an indication of the water capacity of the lightweight aggregate for internal curing. It is, however, critical to assess how readily this absorbed water is released from the lightweight aggregates to the surrounding cementitious matrix during curing. The desorption test method is used to determine the quantity of absorbed water that is readily released and available to maintain saturation of the capillary pores in the paste. For this standard, an environment of 94 % relative humidity and a temperature of $23.0 \pm 1^\circ\text{C}$ [$73.5 \pm 1.5^\circ\text{F}$] is used to assess the desorption capacity. The method described in this specification is similar in principle to Test Method C1498 for determining the sorption isotherms of building materials. In this specification, the lightweight aggregate is required to release at least 85 % of its 72-h absorbed water under the stated storage conditions.

X1.3 Required Amount of Lightweight Aggregate

X1.3.1 The amount of lightweight aggregate required for internal curing per unit volume of concrete can be estimated using Eq X1.1.

$$M_{LWA} = \frac{C_f \times CS \times \alpha_{max}}{S W_{LWA}} \quad (\text{X1.1})$$

where:

- M_{LWA} = mass of (oven dry) lightweight aggregate needed per unit volume of concrete, kg/m^3 [lb/yd^3],
- C_f = cementitious materials content for concrete mixture, kg/m^3 [lb/yd^3],
- CS = chemical shrinkage of cementitious materials at complete (100 %) hydration, $\text{kg of water/kg of cement}$ [lb/lb],
- α_{max} = maximum potential degree of hydration of cementitious materials (0 to 1.0),
- S = degree of saturation of pre-wetted aggregate relative to the wetted surface-dry condition (0 to 1.0), and
- W_{LWA} = mass of water released by lightweight aggregate in going from the wetted surface-dry condition to the equilibrium mass at a relative humidity of 94 %, expressed as a fraction of the oven-dry mass.

X1.3.2 The numerator of Eq X1.1 represents the water demand to fill the empty capillary pores in the paste resulting from chemical shrinkage. The denominator is the amount of

water released from the aggregate per unit mass of lightweight aggregate in the oven-dry condition. The degree of saturation is used when the moisture content of the aggregate is at less than the wetted surface-dry condition as defined in this specification.

X1.3.3 For portland cement, the chemical shrinkage can be estimated from the phase composition (5). A typical conservative value for chemical shrinkage is 0.07 $\text{kg water/kg cement}$ [0.07 $\text{lb water/lb of cement}$] (5). In general, supplementary cementitious materials will have higher chemical shrinkage than portland cement, however, for almost all practical applications a value of 0.07 $\text{kg water/kg of cementitious materials}$ [0.07 lb/lb] is acceptable. If there is concern, Test Method C1608 can be used to measure the chemical shrinkage for selected degrees of hydration.

X1.3.4 The quantity α_{max} represents the maximum potential degree of hydration if all the water provided by the lightweight aggregate were available for hydration and not lost through evaporation. For the purpose of estimating the required amount of lightweight aggregate, α_{max} can be taken as 1.0 for portland cement with $w/c \geq 0.36$. For lower values of w/c , $\alpha_{max} = (w/c)/0.36$ (5). Use these same values for concrete mixtures containing supplementary cementitious materials.

X1.4 Amount of Normal Weight Aggregate to be Replaced

X1.4.1 In proportioning concrete with lightweight aggregate for internal curing, a volume of normal weight aggregate is replaced with an equal volume of lightweight aggregate. After the required mass of lightweight aggregate is estimated using Eq X1.1, the amount of normal weight aggregate to be removed is given by Eq X1.2.

$$M_{NWA} = M_{LWA} \frac{G_{ODN}}{G_{OD}} \quad (\text{X1.2})$$

where:

- M_{NWA} = mass of normal weight aggregate in oven-dry condition to be removed, kg/m^3 [lb/yd^3],
- G_{ODN} = relative density (oven dry) of normal weight aggregate, and
- G_{OD} = relative density (oven dry) of lightweight aggregate.

X1.5 Verification of Concrete Properties

X1.5.1 To evaluate the performance properties of the final concrete mixture proportions, trial batches need to be made and the fresh properties, hardened properties, and durability performance need to be measured. The testing protocol in Specification C330/C330M can be used for this purpose.



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SUMMARY OF CHANGES

Committee C09 has identified the location of selected changes to this standard since the last issue (C1761/C1761M – 13b) that may impact the use of this standard. (Approved April 1, 2015.)

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|---|---|
| (1) Added symbol <i>D</i> and the phrase “is expressed as a percentage of the 72-h absorption” to definition of desorption (3.2.5). | (3) Added the phrase “from the same test sample taken in 10.4.2” to the first sentence of 11.4.1. |
| (2) Added symbol <i>D</i> to 3.3. | (4) Added 11.5.2 and Eq 4. |
| | (5) Added 11.6.1.7. |

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